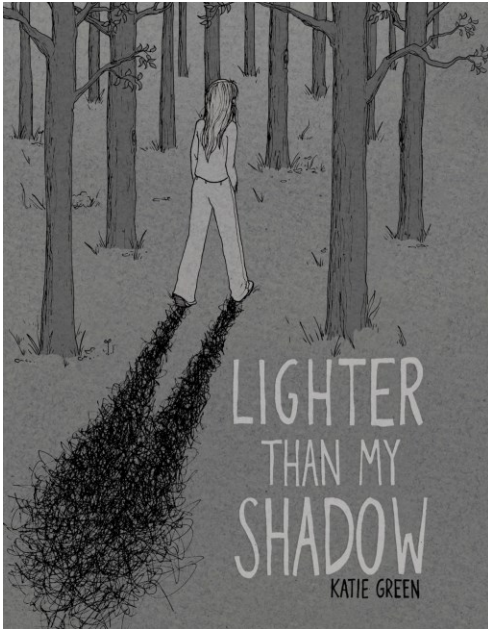


LIGHTER THAN MY SHADOW



Adult Graphic Novel

By Katie Green

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CONTENT WARNING

You are about to access material that may contain content of an ADULT nature. These files may include pictures and materials that some viewers may find offensive. If you are under the age of 18, or if such material offends you or if it is illegal for you to view these materials, please exit now.

Book Summary:

A young anorexic woman recalls her life with and treatment of her anorexia.

Summary of Concerns:

This book contains frequent obscene sexual activities including sexual assault; nudity; mild/infrequent profanity; self-harm involving anorexia, cutting, and suicidal ideations.

4 /5

Not For Minors
BookLooks Review Rating

Page	Content
2	The illustration on this page depicts an emaciated young woman standing on a scale clothed. There is a black area above her head containing images of the young woman, nude with her breasts and nipples exposed, in various positions while tumbling through the black area.
3	The illustration on this page depicts the same young woman described above lying in a bed with a tube in her nose. A black area above her head contains images of the young woman, nude with her breasts and nipples exposed, in various positions.
58	The illustration on the top-right side of this page depicts a young woman lying back on a bed with her right hand inside her underwear. The illustration on the left-side of the second row depicts the same young woman described above. She is depicted from a bird's eye view with her right hand inside her underwear and her left hand behind her head.
60	The illustration on the top of the page depicts two young girls standing in a doorway. One of the girls is shouting, "MEG'S GOT A BOYFRIEND AND SHE'S GONNA HAVE SEX WITH HIM!!!"
61	The illustration on the top of the page depicts a classroom of students looking at a poster containing an internal view of a penis inside of a vagina. A man is pointing to parts on the poster. Since then, I'd learned that sex made you pregnant...and later that it made you a slut.
62	The illustration on the middle-left side of the page depicts a young man and woman kissing.
63	The illustration on the middle of the page depicts several students walking together. A young couple are kissing at the bottom of the image.
68	"I wish I could be anorexic..."
70	"You can't walk home on your own. It's dark." "You'll get raped!" "Who'd want to rape her?"
78	The illustration on the bottom-left side of the page depicts a nude young woman in a frontal view wrapping a towel around her body from the back side. Her breasts and pubic area are exposed.
86	The illustration on the third row of this page depicts young women undressing in a locker room. One young woman's right breast and nipple are exposed. Another young woman is shown from a posterior view with her buttocks exposed. And a third young woman is shown in a frontal view wrapping a towel around her body. Her left breast and pubic hair are exposed. The illustration on the bottom-left side of the page depicts a young woman wrapping a towel around her body. Her right breast and nipple are exposed. The illustration on the bottom-right side of the page depicts several young women standing in a locker room with towels wrapped around their bodies. One woman is shown in a posterior view in the shower. Her buttocks is exposed.
87	The illustration on the bottom-right side of the page depicts a topless young woman standing in front of a mirror. Her left breast and nipple is exposed.

Page	Content
101	<p>The illustrations on this page depict a nude young woman lying on her back surrounded by a black area. Her breasts and nipples are exposed.</p> <p>The illustration on the bottom of the page depicts the young woman with a butcher knife in her left hand slicing a large piece of her right thigh off.</p> <p><i>See Figure 1.</i></p>
106	<p>The illustration on the left side of this page depicts a nude young woman with her right breast, nipple, and pubic area exposed. She has her hands around her neck. There is another image of the same young woman ripping her abdomen.</p>
107	<p>The illustration on this page depicts a young woman bent over a toilet with her left hand in her mouth. The image above her depicts a nude version of her with her left hand inside her throat. Her left breast, nipple, and pubic hair are exposed.</p>
108	<p>The illustration on the top of this page depicts a young woman bent over a toilet with fingers on her left hand inside her mouth.</p>
121	<p>The illustration on the bottom-left side of the page depicts a nude young woman in a posterior view with her buttocks exposed.</p> <p>The illustration on the bottom-right side of the page depicts the nude young woman from a frontal view. Her nipples and pubic area are exposed. She is holding a hair in her left hand.</p>
149	<p>I can't be anorexic...I eat!</p>
150	<p>The illustration on this page depicts a young woman asleep in a bed with a tube in her nose. A black area surrounding her contains a nude version of the young woman with a n enlarged abdomen. Her nipples and breasts are exposed.</p>
151	<p>The illustration on this page depicts a large, blackened area with four nude versions of the young woman described above. The uppermost version of the woman is obese. Her nipples and breasts are exposed, and she has a tube in her nose.</p> <p>The second image of the woman shows her floating while she hugs her knees to her chest.</p> <p>The third image shows the young woman falling back into a lying position. She is emaciated. Her nipples are exposed.</p> <p>The bottom image shows the young woman nearly lying on her back. She is emaciated and her nipples and breasts are exposed.</p>
152	<p>The illustration on the top of this page depicts the same young woman described above in a series of poses and sizes as she begins obese with her nipples exposed. She has a tube in her nose. She is then shown thin hugging her knees to her chest as she flips through a blackened area in descending sizes.</p>
166	<p>The illustration on the bottom-right side depicts a nude young woman in a squatting position, pushing upward on a blackened area surrounding her. Her nipples are exposed.</p>
167	<p>The illustration on the left side of the page depicts the same nude young woman described above, standing. Her nipples and pubic area are exposed.</p> <p>The illustration on the upper-middle of the page depicts the same nude young woman described above, from a three-quarters posterior view. Her buttocks is exposed.</p>
172	<p>The illustration on the bottom-right side of the page depicts a nude young woman sitting in a blackened area. He has a large abdomen and thigh. She is pulling the skin on her outer thigh and abdomen. Her breasts and nipples are exposed.</p>

Page	Content
173	The illustration on the top of the page depicts a nude young woman lying in a blackened area. She is using her hands to pull off and shred the skin on her abdomen and outer thigh. Her breasts and nipples are exposed.
245	The illustration on the third row depicts a young woman bent over a toilet with her hands in her mouth.
265	The illustration on the middle of the second row depicts a nude young woman shown from the waist upward. Her nipples are exposed.
267	The illustration on the bottom-right side of the page depicts a young man and woman sitting on a couch, kissing.
273	The illustration on the bottom two rows depicts a young man and woman taking each other's shirts off. The illustration on the bottom-right side of the page shows the woman with her right breast and nipple exposed.
274	The illustration on the top-left side of the page depicts a man's feet and lower legs pointing towards a woman's feet and lower legs with a pair of panties falling to the floor. The illustration on the top-right side of the page depicts a nude man and woman sitting together on a bed. The illustration on the left side of the second row depicts the same individuals described above. The woman is lying back on her elbow. Her breasts and nipples are exposed. The man is leaning into her. The illustration on the right side of the second row depicts the same individuals described above. The man is hovering above the woman. The illustrations on the third row depict the individuals described above from a birds-eye view. The man is lying on top of the woman. The young woman's right breast and nipple are exposed. <i>See Figure 2.</i>
275	The illustration on the top-left side of the page depicts the same individuals described above. The man is leaning back, hovering over the woman. She is covering her chest with her arms. The illustration on the right side of the second row depicts the same individuals described above. The woman's right breast is exposed.
290	The illustration on the right side of the second row depicts a nude young man and woman lying together on a bed. The woman's breasts and nipples are exposed.
303	The illustration on the middle of the page depicts several young adults dancing in a group. One of the young women is dancing topless. Her breasts and nipples are exposed.
304	The illustration on the top of the page depicts the same group of individuals dancing. One of the young women is topless. Her breasts and nipples are exposed.
307	The illustration on the middle-left side of the page depicts a young man and woman lying in the ground in a tent. The young man is guiding the woman's hand inside of his unzipped pants. The illustration on the bottom-left side of the page depicts the same individuals described above. The young man is putting his hand under the woman's shirt as she pushes on his arms.

Page	Content
308	<p>The illustration on the top of the page depicts a man's hand grabbing a woman's exposed breast. His thumb is pressing into the exposed nipple. The woman's arm is shown outstretched pressing on the man's forearm.</p> <p>The second illustration depicts the man holding the woman's upper body down near her left breast. He is unbuttoning her pants. She is pushing on his arm.</p> <p>The third illustration depicts the man putting his hand into the young woman's pants. He is hovering over her smiling. She is pushing on his arm.</p> <p>The bottom illustration depicts a zoomed in view of the man's hand in the woman's jeans. Her arms are raised upward toward his upper arms.</p> <p>The text on the page reads: stop it, stop it, stop it, stop it, stop it, STOP IT, STOP IT, STOP IT <i>See Figure 3.</i></p>
309	<p>The illustration on the top of the page depicts the same two individuals described above. The woman is pushing the man's right shoulder away. He has his right hand inside her pants. She is saying "STOP IT!"</p>
336	<p>The illustration on the bottom-left side of the page depicts a young woman sitting on her bed. A blackened area hangs above her head. A nude version of her floats in the blackened area in which her abdomen is enlarged. Her breasts and nipples are exposed.</p>
341	<p>The bottom two illustrations depict a young woman with her hand in her mouth bending over a toilet.</p>
367	<p>"I'm bingeing. Quite a lot. Sometimes several times a day..." ... "Are you purging? Making yourself sick?" "No...I..." "Good." "No, I mean...I want to. I just can't."</p>
369	<p>The illustration on the bottom of the page depicts a man sitting on the ground behind a woman. The woman is lying on the ground with her eyes closed. The man has his hands on the woman's clothed breasts.</p>
373	<p>The illustration on the middle-left side of the page depicts a man sitting beside a woman. The woman is lying on her back with her eyes closed. The man has his right hand on the woman's clothed breast. His left hand is over her jeans between her legs.</p> <p>The illustration below depicts the same individuals described above. The woman is lying on her back with her eyes closed. The man's left hand is grabbing the woman's pubic area over her jeans.</p>
376	<p>The second illustration on the page depicts a man sitting beside a woman. The woman is lying on her back. The man is unbuttoning her pants.</p> <p>The next illustration depicts the same two individuals. The man has his hand inside the woman's panties.</p> <p>The illustration on the bottom of the page depicts the same two individuals. The woman is lying with her eyes closed while the man's left hand is inside the woman's panties with his right hand pushing her shirt up.</p> <p><i>See Figure 4.</i></p>
380	<p>The illustration on the bottom of the page depicts a young woman sitting in a chair hugging her legs. She is looking upward toward a blackened area wearing her body is floating.</p>

Page	Content
	Several pairs of hands are reaching for and touching her body. One hand is inside her pants while another hand is pushing up her shirt and another one is grabbing her right breast.
392	The illustration near the bottom of the page depicts a young woman lying in blackened ares. Her eyes are shut while several hands reach out toward her body. One of the hands is inside her pants and another hand is grabbing her right breast.
397	The illustration on the left-side of the page depicts a nude young woman standing under water. Her pubic area is exposed. The illustration on the right side of the page depicts the same young woman. Skin on her abdomen, thigh and lower leg are being pulled away revealing the tissues beneath.
398	The illustration on the right side of the page depicts the same young woman described above. Skin has been removed from her torso, abdomen, thigh, and lower leg. Her pubic area is exposed. The illustration on the left side of the page depicts the same young woman described above. Her skin has been pulled away from her torso, abdomen, thigh, and lower leg and she has cracks throughout her body. Her pubic area is exposed.
358	I wish I was dead.
365	The illustrations on this page depict a young woman emptying pills from a medicine cabinet. The pile of pills are being held in her hands.
366	The illustration on this page depicts the young woman holding a handful of pills in her right hand and a cup in her left hand. A column of blackness rises up from behind her.
377	The illustration on this page depicts a nude young woman bending over.
379	The illustration on this page depicts the same young woman described above, standing. Her buttocks is exposed.
381	The illustration on this page depicts the same young woman described above. Her buttocks is exposed. She is drawing another version of herself.
393	The illustrations on this page depict a nude young woman falling. Her breasts and nipples are exposed.
403	In truth it was a process of gently reminding myself, every time I was drawn to the medicine cabinet, to sharp objects or high places: no, this is not what I want.
411	The illustration on the bottom-right side of the page depicts a young woman lying with her eyes closed. Several hands are grabbing for her. One of the hands is grabbing her left breast. Another hand is reaching under her shirt. And another hand is inside her pants.
439	The illustration on the bottom of the page depicts a young woman lying on the ground in a wooded area. A dragon is breathing fire beside her head and a hand is covering her mouth and hands are holding her legs down. A man is hovering over her with his right hand on her left breast and his left hand inside her pants.
442	The illustration on the bottom of the page depicts a nude woman with an enlarged abdomen. She is cutting her left outer thigh off with a butcher knife. Her breasts are exposed.
448	The illustration on the top-middle of the page depicts a young woman lying on her back. A man has his left hand under her shirt. She is pushing on his forearm. The illustration on the top-right side of the page depicts a man hovering over the young woman. His hand is in her pants. She is pushing on his upper arm.

Page	Content
450	<p>The illustration on the top-left side of the page depicts a young woman sitting in a chair. Above, a version of her is floating in a blackened area. Hands are grabbing at her. One hand is pushing up her shirt. Another hand is inside her pants.</p> <p>The illustration in the middle-right side of the page depicts the same young woman sitting with the blackened area above her. A version of her is floating in the blackened area. A hand is grabbing her left breast and another hand is inside her pants.</p> <p>The illustration on the bottom-left side of the page depicts the young woman sitting in the chair with her hands on her head. A blackened area is floating above her with an image of a man with his hand on her left breast.</p>
467	<p>The illustration on the top-left side of the page depicts a woman in a posterior view taking a shower. Her buttocks is exposed.</p> <p>The illustration on the bottom-right side of the page depicts a nude young woman lying back on a bed. She is moving her right hand toward her pubic area.</p>
468	<p>The illustrations on the top of the page depict the same young woman described above with her arm toward her pubic area.</p> <p>The illustration on the middle-left side of the page depicts the same young woman lying nude underneath a nude man.</p> <p>The illustration on the middle-right side of the page depicts the same individuals described above. The woman's breasts and nipples are exposed.</p> <p>The illustration on the bottom-left side of the page depicts the same two individuals described above. The man is lying beside the woman, pinching her right nipple.</p> <p>The illustration on the bottom-right side of the page depicts the same individuals described above. The man is lying beside the woman. His left hand is angled toward her pubic area. Her breasts and nipples are exposed.</p>
469	<p>The illustration on the middle-right side of the page depicts a nude young woman holding a lamp. Her breasts and nipples are exposed.</p>
485	<p>The illustration on the top-right side of the page depicts a nude young woman lying on her back. A hand is covering her mouth with two hands grab each breast. Another hand is on her pubic area and two other hands hold her legs down.</p>

Profanity	Count
Shit	1

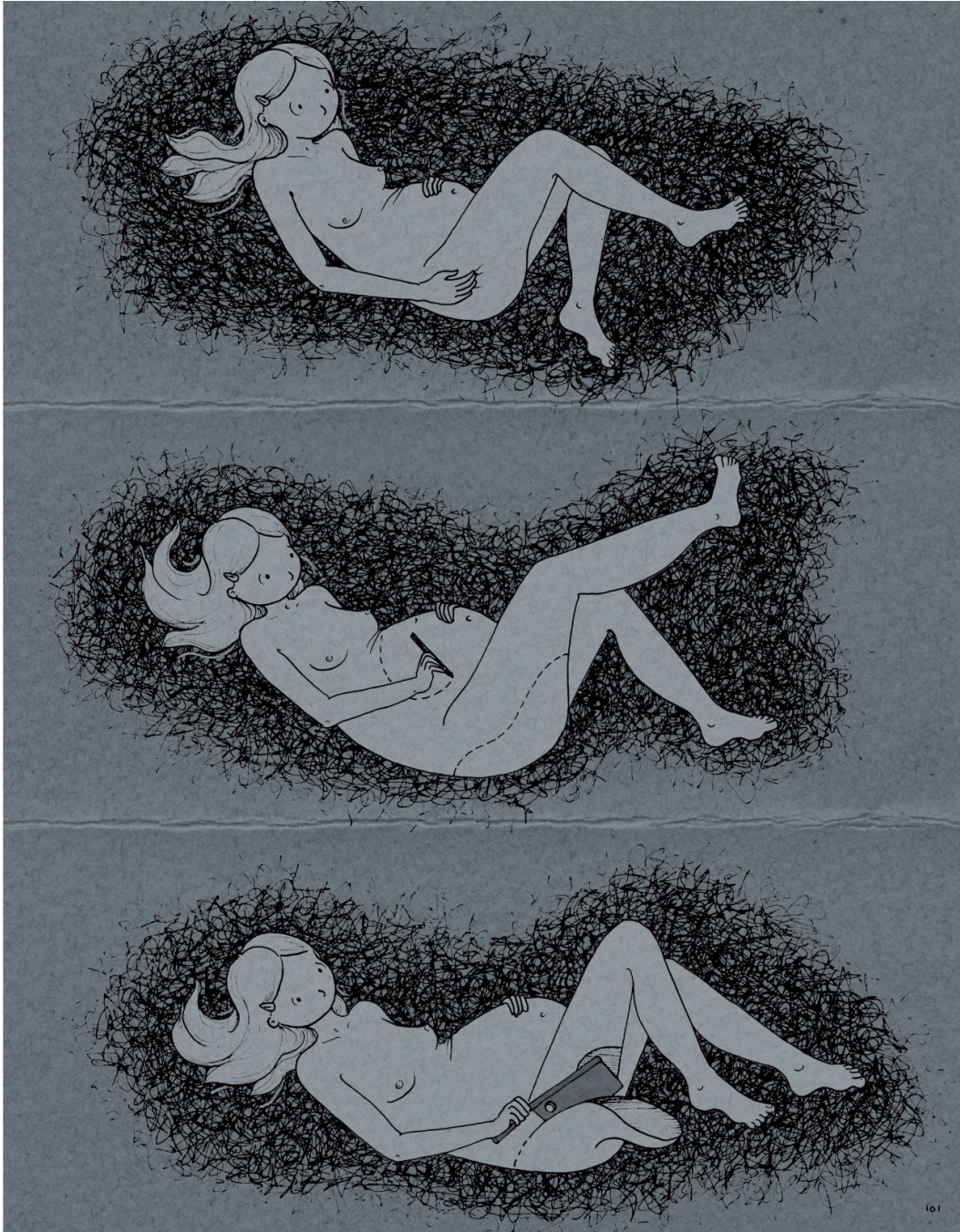


Figure 1



Figure 2

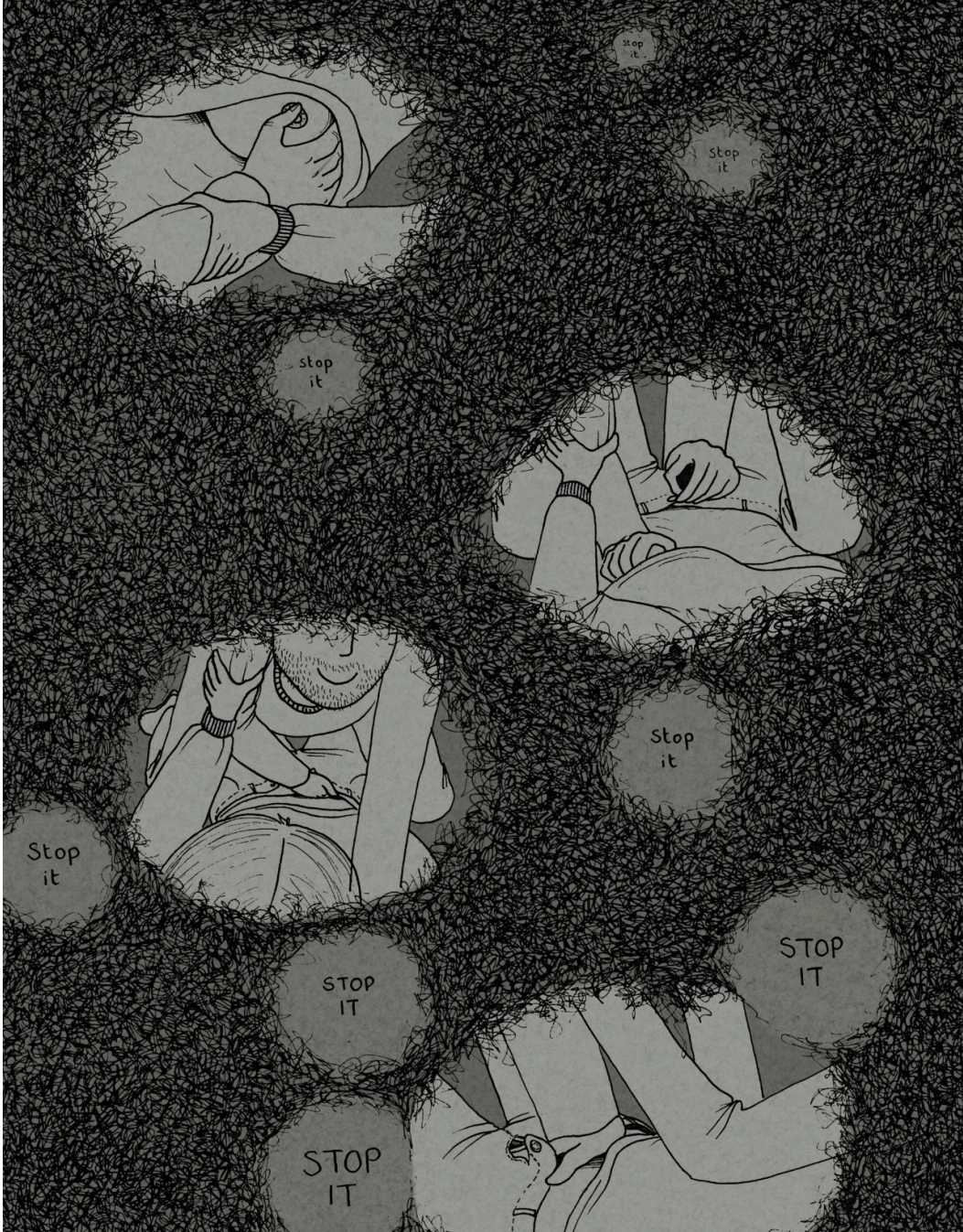


Figure 3



Figure 4