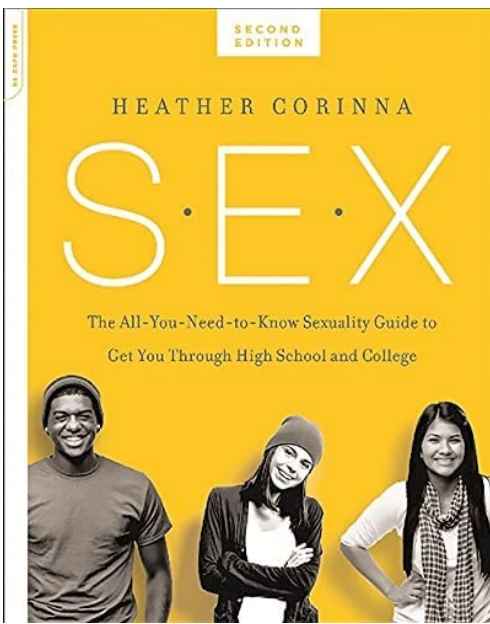


PENDING FINAL REVIEW



S.E.X THE ALL-YOU-NEED-TO-KNOW SEXUALITY GUIDE TO GET YOU THROUGH YOUR TEENS AND TWENTIES, 2ND EDITION



Summary of Concerns:

This book contains sexual activity instruction including aberrant sexual behaviors.

Young Adult

By Heather Corinna

ISBN: 978-0-7382-1884-7

CONTENT WARNING

You are about to access material that may contain content of an ADULT nature. These files may include pictures and materials that some viewers may find offensive. If you are under the age of 18, or if such material offends you or if it is illegal for you to view these materials, please exit now.

4 /5

Not For Minors
BookLooks Review Rating

Page	Content
229	<p>If everyone's naked, then we're talking about tribadism- scissoring or grinding with direct genital contact- which carries risks dry humping doesn't.</p> <p>...[Manual Sex]</p> <p>AKA: Hand job, fingering, finger-fucking, whacking off, wanking, jacking off, jilling off.</p> <p>What is it, and how do you do it? Manual sex is when one partner is engaging a partner's genitals with their fingers or hands.</p> <p>Manual sex can mean stimulation of the penis, testicles, perineum, anus, and surrounding areas; the vulva, including the mons, inner and outer labia, clitoris and vagina, and/or the perineum, anus, or surrounding areas.</p> <p>"Fingering" is often assumed to mean vaginal entry only, when, in fact, more people enjoy either clitoral stimulation or pairing clitoral stimulation or stimulation of any other parts of the vulva with vaginal entry.</p> <p>Bear in mind that the vaginal canal and rectum are curved, not straight. So, if you are going to engage in manual sex with those body parts, putting a rigid finger or three in there as if pushing an elevator button isn't likely to feel so hot. Instead, try to keep your fingers curved in a little, as if you're holding a ball, and feel out the body part you're going inside very gradually with your fingers, as it feels good for your partner.</p> <p>...If you are going to enter the vagina or anus with fingers, lubricant is advised for comfort and pleasure, and latex or non-latex gloves can also be used.</p> <p>...If you're not in a position to look at your partner's genitals and you want help finding any part of them to explore, like the external portions of the clitoris, just ask. So long as they know their own body well, it's pretty easy for someone to place your fingers where you and they are wanting them to be. Experiment with different levels of pressure, depth, and speed and with what part of the genitals you're touching. How direct or indirect someone might want contact with parts of the genitals that can be supersensitive- like around the ridge of the head of the penis, with foreskin, the opening of the rectum, or the clitoral glans- varies a lot,...</p>
230	<p>Deeper Manual Sex</p> <p>More involved, as it were, manual sex is colloquially called fisting, but that's not because you make a fist and try to put it into a vagina or anus, which is unlikely to be anything but painful, if not impossible. Rather, this kind of manual sex starting with one or two gloved fingers (and lube, added as you go) and go slowly working up to more, as it is- and only if it is- pleasurable for the receptive partner. If a whole hand is wanted by both partners, and four fingers feel good, the performing partner can then tuck his or her thumb into their palm or inside the fingers to make the whole hand as slim as possible, and then slide upward. Once it's all inside, that partner can then turn the hand back and forth, slowly open the fingers up gently and rhythmically, or go up and down, as is comfortable for their partner.</p> <p>...Fewer people will likely be interested in it, especially at the beginning of their sex lives, and more people are generally interested in vaginal fisting than anal fisting. While both canals really can make room for that much inside, and it can feel good, this can be hard to imagine if we're still getting used to the idea of single fingers, a penis, or a dildo inside the vagina or anus.</p>

Page	Content
239	<p>Some people try a different position, add more lubricant, slow down, or add other sexual activity, like clitoral stimulation with manual sex, masturbation, or a vibrator. If a partner is having a hard time maintaining erection, give it a rest. Engage in other sexual activities that don't require an erection and that are enjoyable for both of you, or just talk, make out, or cuddle for a while. If you've been going at intercourse for a while and one or both partners isn't reaching orgasm or is starting to feel less aroused, stop for now. You can engage in other sexual activities or just halt sex altogether until another day; sometimes we just hit peak capacity for sex and feel finished, even if orgasm hasn't taken place, and that's perfectly okay.</p> <p>[ANAL SEX/INTERCOURSE] AKA: Buttfucking, asslove, backdoor action. What is it, and how do I do it? Anal sex is entering the anus and rectum for sexual satisfaction of both partners.</p> <p>Butt B.S. Men who enjoy anal sex- whatever their orientation or their body parts- may enjoy being the person doing the entering, the person whose body is being entered, or both.</p> <p>...If you're using toys or dildos for anal sex, be sure the object has a flared base that is a good deal larger than the anus. Although things can't get "lost" in the vagina, they can inside the rectum. As with use of sex toys or anything else, be sure you are either covering toys with a condom or only using toys that can be sanitized; otherwise, bacteria from the rectum can make a toy a vector for infections.</p>
245	<p>BDSM</p> <p>Is a term usually used to describe sexual dominance and submission play, in which one partner "tops" and another "bottoms" and/or one partner is dominating and another submitting. The top or bottom may be of any gender, and the action may involve extending pleasure past a point of physical or emotional comfort; "punishing" a partner via humiliation, sexual play, or verbal enactments. SM or S/M is an abbreviation for sadism and masochism, or sadomasochism, which means that one partner is giving pain (sado-), and the other is receiving it (-masochism). The B in BDSM usually refers to bondage.</p> <p>...D/S play may involve sex acts most people are familiar with, such as oral sex and intercourse. D/S may also incorporate sensation play, bondage, or other "kinky" sexual activities. Many people engaging in D/S play incorporate safewords into their play; phrases or gestures understood by both to express thresholds, limits, and boundaries.</p> <p>...D/S roles shouldn't be dictated by sex or gender: people of any gender can be tops, bottoms, or "switches," people who enjoy both roles.</p>
246	<p>Bondage/Restraint</p> <p>What is it and, how do I do it? Bondage or restraint is the practice of having one partner (or less often, both partners) restrained in some way, usually with ropes, cords, or other types of fabric or cuffs, and other restraints, during sexual activity for the purpose of increasing pleasure. Some people self-restrain during</p>

Page	Content
	<p>masturbation.</p> <p>...Bondage can also be used to allow a partner to be selfish in terms of being given all the pleasure, being unable to reciprocate during a given sexual activity, because they can't use their hands or mouths. Some people enjoy being bound or restrained in certain ways that keep them from engaging in behaviors that may be habitual for them, as a way to seek out other avenues of pleasure; for instance, a person who typically masturbates during intercourse may enjoy having their hands bound and then having to seek out other forms of extra stimulation.</p> <p>...Although some people like the feeling of some restraint on their neck during sexual activities, restricting the airway, for a partner or yourself, is incredibly dangerous.</p>
247	<p>Body Fluid or Blood Play</p> <p>What it is, and how do I do it?</p> <p>Some people enjoy a number of body fluids sexually: ejaculate, vaginal fluids, menses, urine, or blood. They may simply enjoy tasting, feeling, or smelling them during sexual activities, or they may engage in activities specific to enjoying those fluids, such as "golden showers" (being urinated on) or having a partner ejaculate on them.</p> <p>...Sex Toys</p> <p>What is it, and how do I do it?</p> <p>Sex toys come in many varieties. From vibrators- electric and battery-operated, big and small, swanky and silly- to silicone dildos, anal plugs to masturbation sleeves, cock rings, to clitoral suction devices, toys and tools run the gamut. People use them for masturbation as well as for partnered sex, by themselves or in conjunction with other activities.</p> <p>...Some people also make their own sex toys or use household objects as sexual toys or aids: electric toothbrushes, plastic bottles, socks, pillows, and all sorts of other objects.</p> <p>...Using household items- such as electric toothbrushes, the zucchini for dinner, or shampoo bottles- as sex toys, when they are shared by household members, who are unaware of what they're being used for by you, is decidedly on the Not Okay list.</p> <p>There are so many different kinds of toys, and so many different ways to use them, a whole separate book would be required to cover all the bases. But people of all genders can and do enjoy a multitude of toys, and many people, and often especially women, who have trouble first reaching orgasm find that a vibrator can help get them there. People make like vibrators or suction toys used on their clitoris or labia, on the penis or testes, on the perineum or anus, or the nipples, or almost any other body part. Dildos, plugs, and insertable vibes can be used inside body parts or body parts can be put into them. People can use dildos paired with harnesses or worn on the hips for intercourse.</p> <p>People often ask whether vibrators can permanently desensitize areas they're used on: the answer is no. Very fast or intense friction or sensation can temporarily cause less sensation because heavy friction tends to numb things slightly. A person can experience that with a vibrator but also with oral sex or by riding a motorcycle.</p>