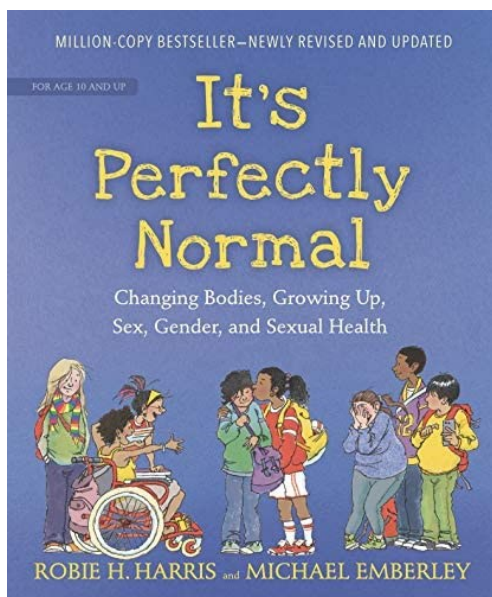


IT'S PERFECTLY NORMAL



Book Summary:

This book instructs young children about puberty, sexual intercourse, STD's, pregnancy, and abortion, and sexual abuse.

Summary of Concerns:

This book contains excerpts and illustrations involving sexual activities and sexual nudity.

Juvenile

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3 /5

Minor Restricted
BookLooks Review Rating

| Page | Content |
|------|---|
| 9 | Sex is about a lot of things- bodies, growing up, families, babies, love, caring, curiosity, feelings, respect, responsibility, biology, and health. There are times when sickness and danger can be a part of sex, too. |
| 14 | <p>Some people call sexual intercourse "having sex." ...They want to be very close to each other in a sexual way, so close that the male's penis goes inside the female's vagina.</p> <p>The illustration on the bottom-right side of this page depicts a nude woman kneeling above a nude man who is laying on a bed. The woman's buttocks and side-view of her right breast are exposed. <i>See Figure 1</i></p> |
| 16 | Straight and Gay Heterosexuality and Homosexuality |
| 18 | People who are attracted to, may fall in love with, and may have a sexual relationship with both males and females are called bisexual. |
| 20 | The illustrations on this page depict nude males and females of various ages. |
| 21 | The illustration on this page depicts nude males and females of various ages. |
| 22 | <p>A female's outer sex organs, the clitoris and the opening of the vagina, are hard to see because they are located between her legs. ...When the clitoris is touched and rubbed, a female's body feels good both outside and inside. It feels kind of tingly, kind of warm and nice. It feels sexy.</p> <p>The illustration on this page depicts a nude young woman from a three-quarters view, looking at herself in the mirror as she brushes her hair.</p> |
| 23 | <p>The illustration on the top of the page depicts a zoomed in view of a vulva with the following parts labeled: Clitoris, Outer labia, Inner labia, Opening to the vagina, Opening to the urethra</p> <p>The illustration on the bottom of the page depicts a young woman bending over with a mirror in her hand. Her buttocks and vulva are in the foreground. There are labels pointing to the corresponding body parts which read: Anus, Opening to vagina, Opening to urethra</p> |
| 25 | <p>When the penis is touched and rubbed, a male's body feels good both outside and inside- kind of tingly, kind of warm and nice. It feels sexy.</p> <p>The illustration on this page depicts a nude young man from a frontal view. He is looking at himself in the mirror.</p> |
| 26 | <p>During puberty, each testicle grows to about the size of a walnut or a very small ball. That's why they are often called "nuts" or "balls."</p> <p>The illustration on the top of the page depicts a young man bent over in front of a dresser as he brushes his hair. There are labels pointing to the exposed parts which read: Anus, Scrotum, Penis.</p> <p>The illustration on the bottom of the page depicts a zoomed in view of two nude penises and scrotum. The labels beneath the illustration read: Circumcised penis and Uncircumcised penis.</p> |

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| 27 | <p>When a male ejaculates, muscles tighten and keep urine in his bladder so that urine does not leave the penis at the same time as semen.</p> <p>The illustration on the top-left-side of the page depicts a young man holding up a window over his pelvis which shows an internal view of his penis and scrotum.</p> <p>The illustration on the top-right-side of the page depicts a zoomed in view of the male's reproductive system. The corresponding parts are labeled: Seminal vesicles, Prostate gland, Vas deferens, Urethra, Epididymis, Testicle, Penis, Foreskin, Testicle, Epididymis, Scrotum, Vas deferens</p> |
| 30 | <p>The illustration on this page depicts nude males of various ages in a full-frontal view.</p> |
| 31 | <p>The illustration on the bottom of this page depicts nude females of various ages in frontal view.</p> |
| 37 | <p>When a male ejaculates, his penis is usually erect.</p> <p>The illustration on the bottom of this page depicts two nude young males. One of the males has a flaccid penis and the other one has an erect penis.</p> |
| 38 | <p>The illustration the bottom-right-side of the page depicts an erect penis with sever sperm inside of it as they rush toward the tip which has a white spray coming out of it. The sperm are saying "WE'RE MOVIN' NOW!" "YEAH!" "YIKES!" "WHOA!"</p> |
| 39 | <p>A male can have an erection when his penis is touched and rubbed; when he has pleasurable thoughts or sees someone who makes him feel happy, excited, sexy, or nervous; when he is watching a movie or TV show and something in the movie or on the TV excites him; when someone attractive to him walks by; or when he is having a pleasurable dream.</p> <p>...An erection makes it possible for the penis to enter the vagina.</p> <p>...Some people call an erection a "hard-on" or "boner" even though there are no bones in the penis.</p> <p>...The semen, which contains sperm, travels through the urethra and spurts out through the tip of the penis. This spurting out of semen- ejaculation- causes a feeling of excitement called an orgasm.</p> <p>The illustration on the top of this page depicts a fully clothed young man standing next to a chalkboard with a bulge in his pants.</p> |
| 40 | <p>Ejaculation usually occurs during sexual intercourse. It can also occur during other kinds of sexual touching and excitement and even during sleep.</p> <p>Boys usually start having "wet dreams" at puberty. We dreams occur during sleep when a boy is having a pleasurable, exciting, or sexy dream and ejaculates some semen.</p> <p>The illustration on the top of this page depicts a young man lying on his side in bed. He has a shirt on but does not have pants on. He is lifting up the covers, exposing his penis and scrotum.</p> |

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| 41 | The illustration on this page depicts a nude young woman looking at a bra. |
| 42 | The illustration on this page depicts a nude young man standing next to a dresser with a shaving razor in his hand. |
| 43 | The illustration on this page depicts a nude young man taking a shower. |
| 44 | The illustration on this page depicts a nude young woman taking a shower. |
| 46 | <p>The illustration on the top-left-side of the page depicts several young women in a locker room in various stages of dress.</p> <p>The illustration on the top-right-side of the page depicts a locker room with several young men in various stages of dress.</p> |
| 48 | <p>Perfectly Normal Masturbation</p> <p>...Boys and girls, teenagers, and grown-ups too, experience sexy feelings when they masturbate. Masturbation is touching or rubbing any of your body's sex organs for pleasure- because it feels good. One everyday term for masturbating is "playing with yourself."</p> <p>...And some religions call masturbation a sin. But masturbating cannot hurt you. Many people masturbate. Many don't.</p> <p>...Masturbating is perfectly normal.</p> <p>When people masturbate, they usually rub their sex organs with their hands or with something soft, like a pillow. A girl often rubs her clitoris; a boy often rubs his penis. Both the clitoris and the penis are sensitive to touch.</p> <p>A person may have a warm, good, tingly, exciting feeling all through her or his body while masturbating. This feeling can become more and more intense until it reaches a peak or climax. At that moment, a male may ejaculate; a female may feel strong, exciting sensations just in the area around her vulva or throughout her body. A female also feels some wetness in her vagina.</p> <p>For both females and males, this is called having an orgasm. Some people call it "coming."</p> <p>The illustration on the top of this page depicts a young woman laying on her side with one arm under her head. Her left hand is angled into her pelvis between her exposed legs and pelvis.</p> <p>The illustration on the bottom of this page depicts a young man sitting on the edge of a bed. He does not have any pants on, and his right hand is gripping his penis. There are curved movement lines on both sides of his body. <i>See Figure 2</i></p> |
| 54 | Touching, caressing, kissing, and hugging- often called "making out" or "petting"- are other kinds of sharing that can make two people feel very close and loving and excited about one another. |
| 56 | <p>Sexual intercourse usually begins with two people touching, caressing, kissing, and hugging each other.</p> <p>After a bit, the female's vagina becomes moist and slippery, her clitoris becomes hard, and the male's penis becomes erect, stiff, and larger. Sometimes a bit of clear fluid that may contain a few sperm comes out of the tip of the penis and</p> |

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| | <p>makes it wet.</p> <p>...It's now possible for the male's erect penis to go inside the female's vagina, which stretches in a way that fits around the penis. The moisture from the vagina makes it easier for the penis to go in.</p> <p>During sexual intercourse, as the male and female move back and forth in rhythm, the movement of the penis inside the vagina soon feels very good. The female and male may hug and kiss and touch each other even more as all of this is going on and feel more and more excited.</p> <p>When these feelings come to a climax, semen is ejaculated from the penis and spurts into the vagina, and the muscles in the vagina and uterus tighten and finally relax. A small amount of fluid may come out of the vagina. This is called "having an orgasm."</p> <p>A female and male may have orgasms at different times. And sometimes one person has an orgasm and the other doesn't.</p> <p>The illustration on the bottom of the page depicts a side view of nude woman laying on her back on a bed with her right breast exposed. Her legs are wrapped around the waist of a nude man who is laying on top of her. His Pelvis is against the woman's. <i>See Figure 3</i></p> |
| 57 | <p>A girl or woman can also become pregnant even if the boy or man pulls out before he ejaculates. If sperm are ejaculated close to the opening of the vagina- or even if just a few sperm spurt out before ejaculation- it is possible for them to swim up the vagina and join with an egg.</p> <p>The illustration on the bottom of the page depicts women and men speaking. A woman is saying, "But we were standing up." A man holding a baby is saying, "But I pulled out." Another man is standing next to the other one saying, "But she said she didn't have an orgasm."</p> |
| 60 | <p>The illustration on middle-right-side of the page depicts a nude woman with her breasts exposed. She is looking down at a window showing an internal view of her baby in utero with a hamburger floating above the baby.</p> |
| 63 | <p>The illustrations on this page depict a nude woman giving birth. The illustrations are shown in various distances from the woman's vagina.</p> |
| 64 | <p>The illustration on this page depicts a nude woman laying back as a small man in a toga holds his hand on the woman's abdomen.</p> |
| 69 | <p>Condoms, spermicide, and sponges are types of birth control that can be bought at a store, usually a drugstore.</p> <p>...A condom is a soft, very thin cover that fits over an erect penis. When a male ejaculates, semen is kept inside the condom and sperm are not able to unite with an egg.</p> <p>...A condom works better to prevent pregnancy when used with a contraceptive foam, cream, or jelly- called a spermicide- that contains a chemical that can kill sperm.</p> <p>...Condoms are called "rubbers" because they are usually made out of a rubbery material called latex.</p> <p>...A condom designed to fit inside the vagina, called the female condom, is also</p> |

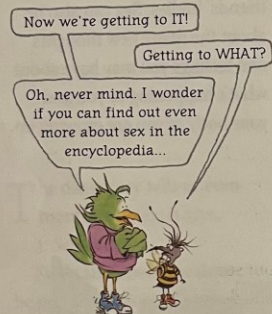
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| | <p>made out of polyurethane. This soft pouch-like condom is inserted into the vagina before sexual intercourse.</p> <p>The illustration on this page depicts a nude young man with left hand wrapped around his erect penis as he right hand pinches the tip of his penis.</p> |
| 70 | <p>The illustrations on this page depicts several birth control products including: Condom, Female condom, Spermicide, Sponge, Birth control pills, Norplant, Depo Provera, Diaphragm, Cervical cap, Intrauterine device</p> |
| 71 | <p>However, if there is an emergency and a woman or girl has been raped- forced to have sex against her will- or if she has had unprotected sex for any reason, there is a pill- called the morning-after pill- that she can take to prevent the start of a pregnancy.</p> <p>The illustration on the top of the page depicts a nude young woman with her breasts exposed holding a window over her pelvis, showing her internal reproductive organs.</p> |
| 72 | <p>When a couple uses the withdrawal method, the male removes his penis from the female's vagina just before he ejaculates. This method does not work very well either because some semen often leaks out before ejaculation or because the male may fail to remove his penis before he ejaculates.</p> |
| 73 | <p>An abortion is medical procedure performed for the purpose of ending a pregnancy. Some pregnant females choose to have abortions.</p> <p>...There is an abortion pill called RU 486 that can end a pregnancy. It is used in some countries, but is not yet available in the United Staes, though the government is attempting to make it available. RU 486 is taken by a pregnant female during the first 9 weeks of pregnancy under the supervision of a health-care professional. It causes the lining of the uterus, along with the embryo, to leave the uterus.</p> <p>...People have very strong feelings about whether or not a female has the right to choose to have an abortion. In some countries, abortion is the right for all women and girls; in others, the right to abortion is either restricted or prohibited.</p> <p>In 1973, the Supreme Court of the United States, which is the highest and most powerful court in the nation, ruled that a woman has the right to end an unwanted pregnancy. This ruling also says that no state can limit that right until very late in the pregnancy when the fetus could survive outside the womb. At this point, a woman can have an abortion only when her health or life is at risk.</p> <p>The name of this Supreme Court decision is Roe versus Wade.</p> <p>...People who support the Supreme Court decision call themselves "pro-choice." They favor a woman's right to choose for herself whether or not to have an abortion. They believe that this is a deeply private and personal choice and should therefore be made by the individual female, not the government.</p> <p>The people who believe that this decision should be changed call themselves "pro-life." They believe the ruling allowing a woman to choose for herself whether or not to have an abortion is wrong.</p> |

Making Love

Sexual Intercourse

The dictionary tells us one more thing about sex. It says, 4: *Sexual intercourse.*

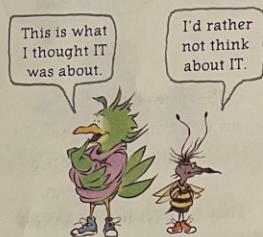
Sex also means sexual intercourse. Some people call sexual intercourse "having sex."



Sexual intercourse happens when a female and a male feel very sexy and very attracted to each other. They want to be very close to each other in a sexual way, so close that the male's penis goes inside the female's vagina. And the vagina stretches open in a way that fits around the penis.

When this happens, it is possible for a female and a male—

once their reproductive organs have grown up—to make a baby.



But most people don't have sexual intercourse only when they want to make a baby. Most often, they have sexual intercourse because it feels good. People

have sexual intercourse well into old age.

People also call sexual intercourse "making love" or "love-making" because it's a way of expressing love. But sexual intercourse is only one way of expressing love.

Hugging, cuddling, holding hands, kissing, and touching are other ways of expressing love. So is just being with someone you like a lot and telling that person, "I love you."

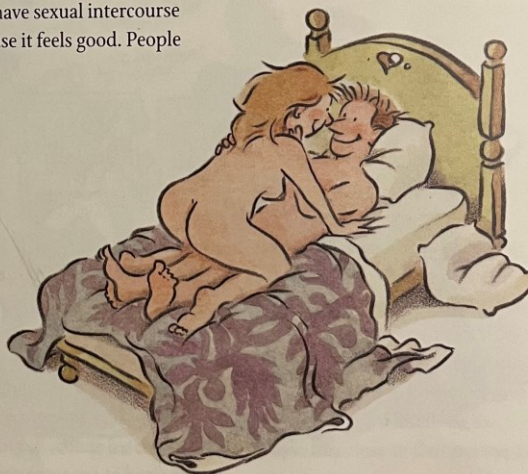


Figure 1

Perfectly Normal Masturbation

During puberty, when the sex hormones cause boys' and girls' sex organs to become more active, many kids begin to have even more pleasurable and excited feelings about their own bodies—and they may also be more attracted to and interested in other people's bodies.

These feelings are often called sexual feelings or "feeling sexy." Even though they are hard to describe, they are normal feelings. They happen at different times and in different ways for different kids.

Boys and girls, teenagers, and grown-ups too, experience sexy feelings when they masturbate. Masturbation is touching or rubbing any of your body's sex organs for pleasure—because it feels good. One everyday term for masturbating is "playing with yourself."

Mas-tur-ba-ting.
I've heard
about that.

Just another
big word.
That's all it is.



Some people think that masturbation is wrong or harmful. And some religions call masturbation a sin. But masturbating cannot hurt you. Many people masturbate. Many don't. Whether you masturbate or not is your choice. Masturbating is perfectly normal.

When people masturbate, they usually rub their sex organs

with their hands or with something soft, like a pillow. A girl often rubs her clitoris; a boy often rubs his penis. Both the clitoris and the penis are sensitive to touch.

A person may have a warm, good, tingly, exciting feeling all through her or his body while masturbating. This feeling can become more and more intense



Figure 2



right to say no to any kind of sexual activity—any time and for any reason.

Sexual intercourse usually begins with two people touching, caressing, kissing, and hugging each other.

After a bit, the female's vagina becomes moist and slippery, her clitoris becomes hard, and the male's penis becomes erect, stiff, and larger. Sometimes a bit of clear fluid that may contain a few sperm comes out of the tip of the penis and makes it wet. The female and male begin to feel excited about each other.

It is now possible for the male's erect penis to go inside the female's vagina, which stretches in a way that fits around the penis. The moisture from the vagina makes it easier for the penis to go in.

vagina soon feels very good. The female and male may hug and kiss and touch each other even more as all of this is going on and feel more and more excited.

When these feelings come to a climax, semen is ejaculated from the penis and spurts into the vagina, and the muscles in the vagina and uterus tighten and finally relax. A small amount of fluid may come out of the vagina. This is called "having an orgasm."

A female and male may have orgasms at different times. And sometimes one person has an orgasm and the other doesn't. After an orgasm, most people feel relaxed, content, and sometimes even sleepy.



During sexual intercourse, as the male and female move back and forth in rhythm, the movement of the penis inside the

Every time a couple has sexual intercourse it can result in a baby—unless the female is already pregnant.

Figure 3